

AER LINGUS MASTERS GALA
Friday 15th & Saturday 16th Oct 2010

Dear Swimmers,

This year the Aer Lingus Masters Gala will be held on Friday 15th & Saturday 16th Oct.

Please find enclosed Gala Information, Order of Events & Entry Forms.

Closing date is 1st Oct. Entries together with payment to be sent to:

Mrs Mary Fitzpatrick
501, Griffith Avenue
Dublin 11 Ireland
PH :01 8360691
e-mail: aerlingusmasters@gmail.com

Mary Fitzpatrick

Mary Fitzpatrick

2010 Gala Information

1. Age as 31 st December 2010 and all competitors must be 19 years or over on the day of swim and must be a member of an affiliated club. Swimmers must be 25yrs + on the date of Gala to swim in Relays
2. Age Groups for Men & Women A1 (19yrs – 24yrs) A (25yrs – 29yrs) B(30yrs – 34yrs) C(35 –39yrs) D (40yrs – 44yrs) E (45yrs – 49yrs) F (50yrs – 54yrs) G (55yrs – 59yrs) H (60yrs – 64yrs) I (65yrs – 69yrs) J (70yrs - 74yrs) K (75yrs – 79 yrs) L (80yrs –84 yrs) M (85yrs +)
3. Competitors may represent only ONE club in the competition.
4. All events are Heat Declared Winner in relevant Age Classification. One start rule will apply.
5. Entries will not be accepted without an entry time or fee.
6. NO LATE ENTRIES OR ENTRIES ON THE DAY WILL BE ACCEPTED.
7. Dependent on the number of entries received the organisers reserve the right to (1) Limit number of heats if necessary (2) Introduce over head starts. (3) Adjust the start time of the sessions if necessary.
8. Health and Insurance are the responsibility of the entrant
9. ENTRY FEE €6 (£5 GBP) RELAY €10 (£8 GBP)
10. Cheques made payable to AER LINGUS MASTERS S.C. Completed entry forms and payment to be sent: Mrs Mary Fitzpatrick 501, Griffith Avenue Dublin 11 Ireland CLOSING DATE FOR ENTRIES 1ST OCT 2010

After the gala why not join us in the main
A.L.S.A.A. complex for chicken & chips
COST : €10 (£8 GBP)

PROGRAMME OF EVENTS

Session 1 – Friday 15th Oct 2010

Warm Up: 18.30 – Start 19.30

Event 1	200m	Backstroke	[Mixed]
Event 2	100m	Breastroke	[Mixed]
Event 3	50m	Butterfly	[Mixed]
Event 4	100m	Individual Medley	[Mixed]
Event 5	4 X 100m	Medley Team Relay	[Mixed]
Event 6	4 X 100m	Freestyle Team Relay	[Mixed]

Session 2 – Saturday 16th Oct 2010

Warm Up: 09.00 – Start 10.00

Event 7	200m	Freestyle	[Mixed]
Event 8	100m	Butterfly	[Mixed]
Event 9	50m	Backstroke	[Mixed]
Event 10	200m	Breastroke	[Mixed]
Event 11	50m	Freestyle	[Mixed]
Event 12	4 X 100m	Medley Team Relay	[Women]
Event 13	4 X 100m	Medley Team Relay	[Men]

Session 3 – Saturday 16th Oct 2010

Warm Up: 13.00 – Start 14.00

Event 14	100m	Freestyle	[Mixed]
Event 15	50m	Breastroke	[Mixed]
Event 16	100m	Backstroke	[Mixed]
Event 17	200m	Butterfly	[Mixed]
Event 18	4 X 100m	Freestyle Team Relay	[Women]
Event 19	4 X 100m	Freestyle Team Relay	[Men]

Individual Entry Sheet

Please enter details in BLOCK CAPITALS

Last Name	
First Name	
Male / Female	
Reg. ID#	
Date of Birth	
Team	
Contact Tel. No.	
Email Address	Please include your mail address so that entries can be confirmed in advance of the gala

Session	Event	Event	Event	Fee	Entry Time
1	1	[Mixed]	200m Backstroke	€6	
	2	[Mixed]	100m Breastroke	€6	
	3	[Mixed]	50m Butterfly	€6	
	4	[Mixed]	100m Individual Medley	€6	
2	7	[Mixed]	200m Freestyle	€6	
	8	[Mixed]	100m Butterfly	€6	
	9	[Mixed]	50m Backstroke	€6	
	10	[Mixed]	200m Breastroke	€6	
	11	[Mixed]	50m Freestyle	€6	
3	14	[Mixed]	100m Freestyle	€6	
	15	[Mixed]	50m Breastroke	€6	
	16	[Mixed]	100m Backstroke	€6	
	17	[Mixed]	200m Butterfly	€6	
		Number of events @ €6			
		Chicken & Chips @ €10			
		Total Enclosed		€	

Competitor Signature

Relay Team Entry Sheet

Please enter details in BLOCK CAPITALS

Team	
Contact Tel. No.	
Email Address	Please include your mail address so that entries can be confirmed in advance of the gala

Session	Event		Event	Age	Time	
1	5	Mixed	4 X 100m Medley Team Relay	120+		
				160+		
				200+		
				240+		
1	6	Mixed	4 X 100m Freestyle Team Relay	120+		
				160+		
				200+		
				240+		
2	12	Women	4 X 100m Medley Team Relay	120+		
				160+		
				200+		
				240+		
2	13	Men	4 X 100m Medley Team Relay	120+		
				160+		
				200+		
				240+		
3	18	Women	4 X 100m Freestyle Team Relay	120+		
				160+		
				200+		
				240+		
3	19	Men	4 X 100m Freestyle Team Relay	120+		
				160+		
				200+		
				240+		
		Total Number of Relays @ €10				
		Total Enclosed			€	

Team Signature